



## Information for Participants and Families

All information is up to date as of 22/04/2022\*

\*subject to change in line with [Government directions](#)

*Please read the following operational actions to support the resumption of training and indoor recreational activities following the closure and adjustments made for the COVID-19 pandemic. Together we can all play our part to keep the community safe. These actions are based on the recommendations of our governing bodies Gymnastics Victoria, Gymnastics Australia, Sport Australia and the Department of Health and Human Services and WorkSafe.*

### **Personal Responsibility**

We all have a personal responsibility to stop the spread of illness. We will not allow students to participate if they are showing any signs of illness. Make-up tokens will continue to be issued (where available) for excused absences, so please notify us *prior* to class if you will not be attending.

### **Please do not send participants or attend yourself if you have any of the following symptoms:**

- Sore throat
- Runny nose
- Fever
- Cough
- Shortness of breath

If you have been in contact with a person known to have or suspected to have COVID-19, you must follow the directions of the Department of Health.

If you have **tested positive** and you have attended Peninsula Gymnastics during your infectious period, please notify Peninsula Gymnastics by email or phone urgently. Please be assured that you will be treated with respect and empathy and your privacy will be protected.

If Peninsula Gymnastics is notified of a positive case attending our venue we will proactively follow all advice given to us by the following organisations:

- The Department of Health and Human Services
- Worksafe
- Gymnastics Victoria

This may include:

- Notifying staff and members of an exposure (text message notification and email will be the primary methods of communication)
- Complying with any directions to share contact information relevant to exposures



### Check In

Patrons are no longer required to Check In using the Service Victoria app. Similarly, patrons are no longer required to show their vaccination status before entering our facility.

### Drop off / Pick up

**After school class** caregivers are encouraged to drop and go. The drop off point will be the front automated door. The pick up point will be the single door, beside the large roller door. Both of these entry / exit points will be fully supervised and supported by a Peninsula Gymnastics staff member. Please try to be punctual and avoid gathering in these areas or the adjoining carpark. You are more than welcome to come into the venue if your child needs support or you would like to watch your child participate. Please aim to maintain physical distancing and leave furniture in place.

### Come Prepared

Our drinking fountain will be disabled, only allowing the bottle filling option to be used. We ask that a **named bottle is filled at home and brought to each session**. Please also come dressed in your clean sporting attire, to minimise the use of shared bathroom/change room spaces.

### KinderGym Caregivers

Caregiver participation is compulsory for all KinderGym classes with the exception of our 4-5 year old classes. Caregivers should assist their child in maintaining appropriate social distancing and encourage good hygiene practices. Caregivers for participants in our 4-5 y.o KinderGym classes are encouraged to drop and go or to remain in our Customer Lounge area and keep physically distanced from others.

### Venue Limitations

The pool fenced area is NOT able to be used for viewing classes. Any adults that remain in our facility will need to stay within the Customer Lounge, maintaining physical distancing and keeping furniture where it is placed.

### Personal Hygiene

We encourage all patrons entering our facility (inclusive of children, parents/carers and staff) to **utilise the hand sanitising stations or use the bathrooms for thorough hand washing** before, during and after the class. We have several hygiene stations throughout our facility to ensure that there is always access to cleaning and hygiene items. Please cough or sneeze into a tissue and dispose of immediately into a bin. Then promptly wash your hands.

### Class Curriculum

Our staff have redesigned our curriculum to minimise, where appropriate, contact between participants and staff. We will still assist participants through activities where their physical safety would be otherwise compromised without assistance. Our coaching staff will have 15 minutes between KinderGym classes and 5 minutes between Afterschool classes to do additional cleaning and practice good hand hygiene, prior to coaching the next group of participants.

### Closures

In the event of class cancellation or a facility, local or forced closure, credits will be applied for any classes cancelled that have already been paid for and billing will be paused. Your place is held in the class until we can



reopen, at which time billing will recommence. If you decide to end your enrollment, please email us so we can refund any tuition held in credit.

***Thank You from Peninsula Gymnastics***

***We extend our sincere thanks to you and your family for assisting us with implementing these strategies. We appreciate your kindness to our staff and to each other.***